





## **Artist Acknowledgement**

Urapun Muy By Deb Belyea SAMUAWGADHALGAL, TORRES STRAIT



Urapun Muy', from the Kalaw Karaw Ya dialect of the Top Western Islands of the Torres Strait, means 'One Fire'. The title of this work pays homage to Torres Strait Islanders and Aboriginal people everywhere, as we all have that one fire.

This ember burns hot intensity: our passion for our culture. In this work, I have depicted the hands of our ancestors that have carefully dropped a burning ember onto a fire.

The linear detail shows the energy and power as cultural knowledge is transferred from our ancestors to us today.

Culture is the fire that gives us knowledge, wisdom and purpose. It is our responsibility to maintain practice, and pass on our fire to our future generations. Afterall, Culture keeps us Blak, Loud and Proud

For further information about the artist visit NAIDOC.ORG.AU





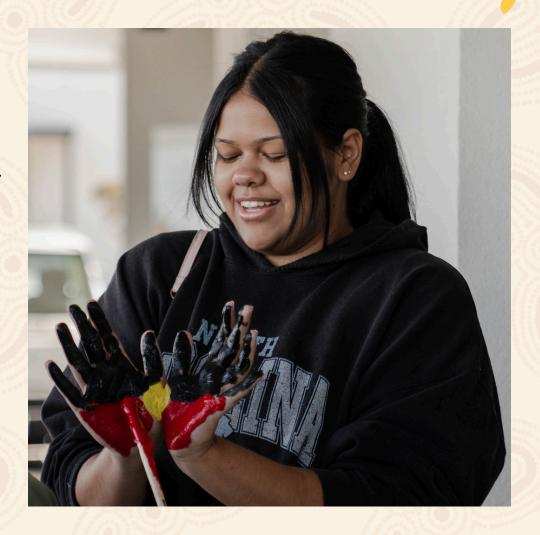
# About NAIDOC Week

NAIDOC stands for "National Aborigines and Islanders day Observance Committee".

NAIDOC is a week of celebrations that are held across Australia in the First week of July each year (Sunday to Sunday), to celebrate and recognise the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples.

NAIDOC Week is an opportunity for all Australians to learn about First Nations Cultures and Histories and participate in celebrations of the oldest, continuous living cultures on earth.

You can support and get to know your local Aboriginal and/or Torres Strait Islander communities through activities and events held across the country.





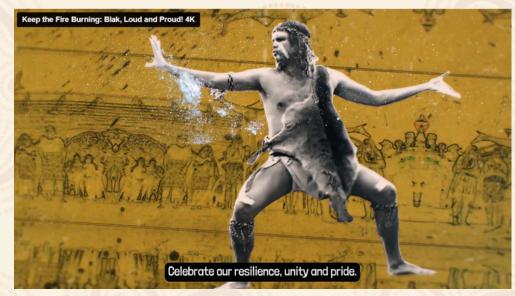


## NAIDOC Week Theme

This year's theme celebrates the unyielding spirit of our communities and invites all to stand in solidarity, amplifying the voices that have long been silenced. The fire represents the enduring strength and vitality of Indigenous cultures, passed down through generations despite the challenges faced. It is a symbol of connection to the land, to each other and to the rich tapestry of traditions that define Aboriginal and Torres Strait Islander peoples. As we honour this flame we kindle the sparks of pride and unity, igniting a renewed commitment to acknowledging, preserving and sharing the cultural heritage that enriches our nation.

## "Blak, Loud and Proud"

"Blak, Loud and Proud" encapsulates the unapologetic celebration of Indigenous identity, empowering us to stand tall in our heritage and assert our place in the modern world. This theme calls for a reclamation of narratives, an amplification of voices, and an unwavering commitment to justice and equality. It invites all Australians to listen, learn, and engage in meaningful dialogue, fostering a society where the wisdom and contributions of indigenous peoples are fully valued and respected.



<u>Visit</u>
<a href="https://www.naidoc.org.au/about/naidoc-theme">https://www.naidoc.org.au/about/naidoc-theme</a>
to watch the video





Follow, share and comment on NAIDOC /Richmond Wellbeing Social Media! Use the NAIDOC Hashtags below.

#NAIDOC2024
#NAIDOCWeek
#BlakLoudProud

Subscribe to local newsletter to stay up to date with all things National NAIDOC Week.



Watch a television show or movie made by a First Nations filmmaker

Nominate a deadly
First Nations person,
group or organisation
you know for a
National NAIDOC
Week Award



Attend a NAIDOC
Week Event!
See calendar of events
on the next page

Engage with local Traditional
Owners and your local
Aboriginal or Torres Strait
Islander Community

How I can

**Support** 

NAIDOC Week?

Listen to podcast's or music by First Nations artists and creatives

Find out whose Country you are on at AIATSIS Map of Indigenous Australia.

Read a book by a First Nations author

Make a purchase from Blak business - make sure profits go to First Nations makers

Follow First Nations social media accounts and share their content







# NAIDOC Events

### **Metro Area**



Wellington Square Sunday 7th of July 12pm-4pm

#### Indigenous Sneakers Design Lab

Ages 6-12 Tuesday 9th July 2024 Eco Centre- Canning River

#### City of Armadale NAIDOC Festival

Bob Blackburn Reserve Tuesday 9th of July 10am-3pm

### Warrier's Basketball NAIDOC Tournament

Jacaranda Community Centre Friday 12th- Sunday 14th July 11am - 3pm

## Riverton NAIDOC Art Exhibition

Saturday 6th July to Sunday 14th July Riverton Library

#### NAIDOC Story Time

Belmont Forum Saturday 13th - Sunday 14th July 11am - 12pm

#### Indigenous Sneakers Lab

Ages 13-17 Tuesday 9th July 2024 Eco Centre- Canning River

#### Mirrabooka NAIDOC Festival

Herb Graham, Mirrabooka Thursday, 11th July 10am - 2:30pm















## **South West**

## SWAMS NAIDOC Family Fun Day

Bunbury Trotting Club Friday 12th July 2024 10am-2pm

## Noongar Country Exhibition

Bunbury Regional Art Gallery Sunday 2 July

## SOUTH WEST NAIDOC BALL & AWARDS

The Cube Theatre Friday 12th July 6pm

#### Drop-in NAIDOC Kids Activities

Museum of the Great Southern 8th July - 10th July 10am - 12pm

Visit NAIDOC.org.au and enter your postcode to find more NAIDOC events near you.





## More Information

#### Websites

Museum of Contemporary Art

Common Ground

Reconcilation Australia

NAIDOC.org.au

Closing the Gap

#### **Podcasts**

Professor Len Collard on the magic of Wangka or talking

What does self care and wellbeing mean to First Nations Elders?

Uncle Albert and Aunty Irene's stories

#### Places

West Australian Museum

Berndt Museum (UWA)

WA Museum Boola Bardip

Perth's Kings Park

Djurandi Dreaming

Kaartdijin Noongar (South West)

Albany Convict Gaol

Albany Museum

#### **Television Shows**

NITV-First Australians

NITV-First Inventors

NITV- Frontier Wars

#### **Movies**

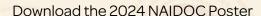
First Nations

Our Law

Satellite Boy

Rabbit Proof Fence

# Additional Resources



Richmond Wellbeing's 2024 NAIDOC Crossword

Richmond Wellbeing's Emerging Our Spirit

Colouring In

Richmond Wellbeing's 6 Seasons Booklet

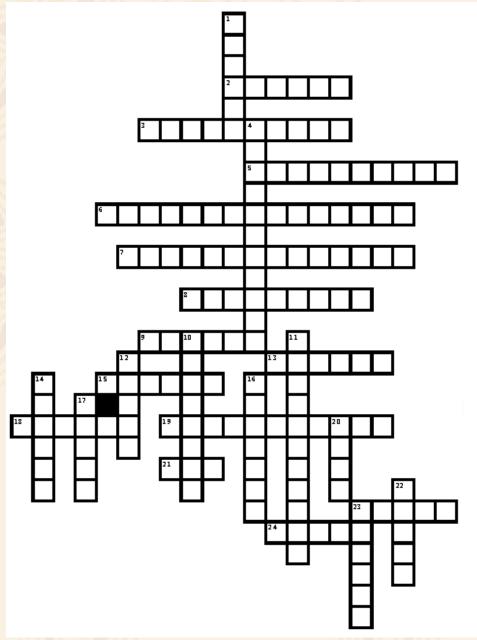
Richmond Wellbeing's 2024 NAIDOC Word Find







### 2024 NAIDOC CROSSWORD



#### Down:

- 1. Traditional Aboriginal shelter/hut
- 4. Famous AFL player who has a statue at the front of Optus Oval
- 10. Whadjak word for when you are feeling good
- 11. Name of the first meeting place for black and white people that were allowed to socialise
- 12. Nyoongar spiritual belief who created dreamtime
- 14. Whadjak word for our spirit/soul
- 16. Perth tradition name of land
- 17. Name of famous Aboriginal warrior
- 20. Nyoongar word for hello
- 22. Whadjak word for our heart
- 23. Our season for June and July

#### Across:

- 2. Whadjak word for men
- 3. Whadjak word for our children
- 5. Traditional Aboriginal dance
- 6. Perth Swan River
- 7. How can we all walk together in the future?
- 8. You can throw this and it will come back
- What you would eat with kangaroo stew?
- 13. Whadjak word for our land or country
- 15. What is the celebration for Aboriginals that happens once a year?
- 18. Famous song by Yothu Yindi
- 19. Whadjak word for stand tall
- 21. How many Nyoongar seasons are there?
- 23. Whadjak word for family
- 24. Whadjak word for women

at t.

Please note: Prior to colonisation, Indigenous languages were oral. It's important to remember that Indigenous Australian languages are actually different languages and the spelling may be different.

### 2024 NAIDOC Animal Word Find

```
V R C A O M T I O Z I N K O O L B A R D I M A G P I E O A B
WLJLVMIDWQDBVKMTEXGFAUUVKUFKRE
U B O I O S E S I N K R S S O H E Y U B E R V H L B I V S D
S R S A N Z X A O O R M A C E E K T B M U N Y S A D D M S Q
W X H G F T G Z I G O Y N Y S R L I P D N X Y B U C M X T W
V X I W N C I X X I G D E Z V T U N O Z W O V F Z P S W B I
OOOADYPOBWGFIWAWRXOCLAWIOEYGXI
AUVIRWIXUASOZTVSNVVLRHRNOOHZYG
GUTTFOCMKKASTEJAKXKKSZNDKPDHZW
MTHIFOEQCFBWNWFCAIXTOVLMDWGTMA
K E Y E C Z I R Q W G K Y Y E N A B Z P C O C U T I C X R R
X A X M Z B X S J P Y E K W I V O T E R J W Y I P R N M J D
J C R U L I Y B B V Y X U L D I O P M H K C L A F W A G Y O
T S K D T O V Z A Y Y O N G G A K A N G A R O O R H I P O N
V L X Y A T O I I Q E Y R B D A B H W B B Y K R L F F P U C
ZRNDXRDJDIDJDIWILLYWAGTAILRXJR
WGMQIJAMIOECXFYZAJEZRTEDZAOOVO
P M X U B O S C E C X K R X X B F L P S M W L J K O W Y G W
J D K K M U U F E D O L W X G S X T M R H N Z I H U W L B S
NKCICSPKVHCEDCDIHAPGHLFLLNTWZC
GNILIABUKOOFIOPDDSQUZSFDGCZJFE
L E R K Z F C W N V P R K W B | F | T B B R B | M A | R Y O
HUXAOPOUUFXVSSKICGFHYRQIEOGYNO
BBCYNVYWBUTMSEVNTAGLJTOTKNGAYL
PMPGWCAONALTTFGFQ JNLA JOFEELMAR
UFMYBXWCXPKLMLEOOMSVCIJIEQHDQP
NUDKLDBESLQQMDMKACINCMCSCVLQRD
QJTNQQNLOWCCSBEMYNRWAXKHTJFHTE
RGIDUQGWFMQTPQBQYQNQYKIFTPYQMZ
UEXPQQDHTGFEXZXNXREANGEFIAVMSD
```

### **Whadjak Animals**

Djdi djdi (Willy Wagtail) Karda (Race Horse Goanna) Djildjit (Fish)

Djooditj (Cat)

Wardon (Crow)

Dobitj (Snake)

Dward (Dingo)

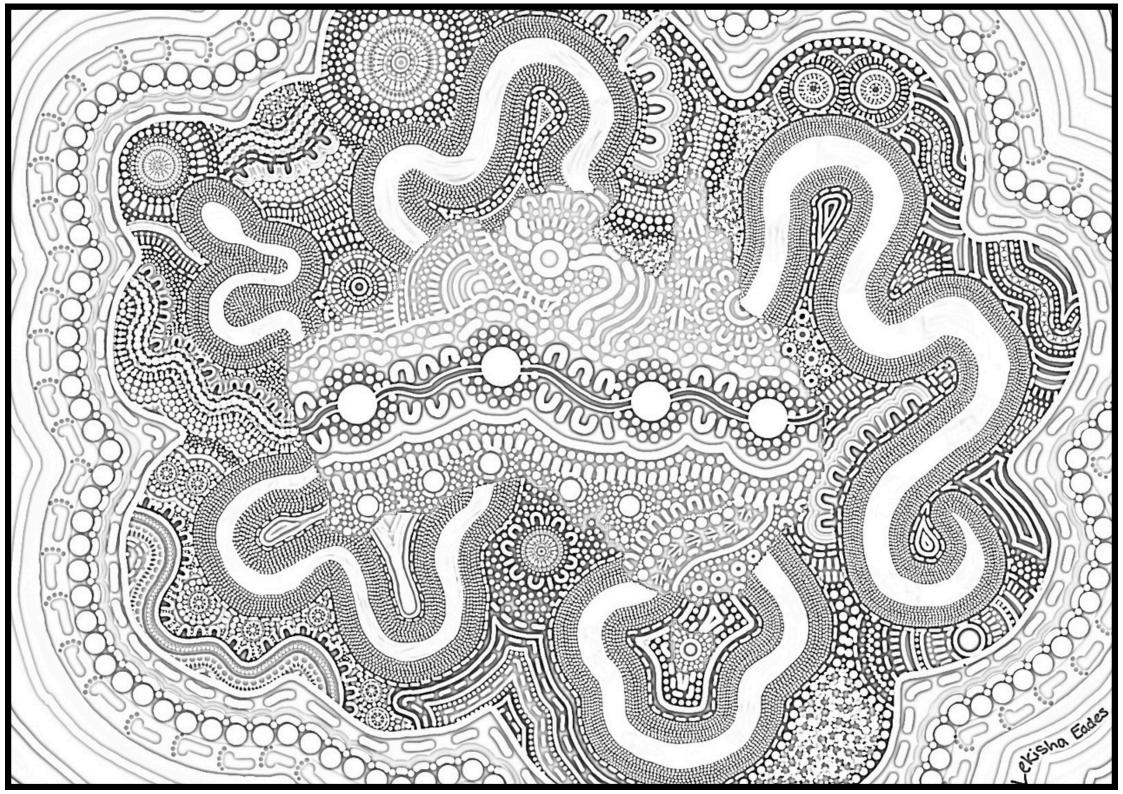
Koolbardi (Magpie)

Yongga (Kangaroo)

Kooyar (Frog)

Waitj (Emu)





## **Artist Acknowledgement**

Emerging Our Spirit By Lekisha Eades 15 years old, Nyoongar from Perth WA



"My Name is Lekisha Eades. I am 15 years old I'm a Nyoongar from Perth WA I am the Artist behind this artwork titled "Embracing Our Spirit" Embracing our spirit acknowledges our ancestral connection and wisdom to the land. Each step is a new stroke on the canvas of life, painting a vibrant picture of self-discovery. The journey, like the artwork, is never straightforward or simple. It's a winding path, filled with unexpected turns and hidden depths. Each footprint, each brushstroke, is a testament to our resilience and adaptability. The sand beneath our feet, the canvas under our brush, becomes a testament to our journey. It's a visual representation of the psychological pathways we traverse, a tangible echo of our internal growth and evolution. The artwork, like the journey, is a testament to the strength of the human spirit and the power of self-discovery, forge a deeper bond. This artwork represents the journey of self-discovery, highlighting the mutual respect between us and nature. It captures the essence of unity, the intertwining paths we walk, and the wisdom we gain. It's a tribute to our shared journey, a testament to our resilience, and a celebration of our collective growth."



